



## Interim COVID-19 Guidance for Child Care Providers: Management of Suspect and Confirmed COVID-19 Cases

This guidance is intended for child care facilities to plan their response to known or possible cases of COVID-19 as well as known contacts. This is based on what is currently known about COVID-19. (Note: information updated in this guidance provided in italics)

### Preventive planning

Detailed guidance on planning that will reduce the risk of transmission within the child care setting is available from the [CDC](#). Taking appropriate preventive steps will reduce spread and limit those who will be required to quarantine in response to a case in a facility.

- A person infected with COVID-19 is considered contagious starting 48 hours prior to the onset of their symptoms or two (2) days before the specimen for the test was collected if they had no symptoms.
- Any [close contacts](#) to a case of COVID-19 during the time they are considered contagious will be required to complete a [quarantine period](#) after their last contact with the case.
- **Social distancing:** Proper social distancing can avoid multiple staff members needing to quarantine. Staff should avoid congregating together and should maintain at least six (6) feet of distance from other staff who do not work in the same classroom to the extent that is possible. Staff wearing masks will also help limit the risk of transmission to others if they become contagious but do not know it (i.e. infected people can spread the disease two days before their symptoms start) but wearing a mask does not replace social distancing.
  - Social distancing may not be feasible for young children in a classroom. For this reason, any children and staff in a classroom with a case will be considered close contacts and require quarantine unless specific social distancing practices were observed between all persons in the classroom. Staff may be considered essential critical infrastructure workers and may be permitted to work if they follow precautions outlined below in the section "Staff working while in quarantine."
- **Cohorting:** The number of children and staff that will be required to quarantine can be limited by cohorting each class. This means keeping the same children and staff together and limiting any interaction outside of that group. Children cohorted in a class together should be kept away from children in other classes, and staff should practice social distancing when around other staff members.

### Children or staff with symptoms of COVID-19 (but no known exposures to someone contagious with COVID-19)

Children and staff should be excluded from the facility if they have:

Any of the following with or without fever:

- Shortness of breath or difficulty breathing -or –
- Loss of taste or smell -or –
- New or worsening cough

If these symptoms are explainable by an underlying condition (such as shortness of breath for an individual with asthma) exclusion may not be necessary.

This is not a complete list of all symptoms of COVID-19, but only those that should trigger an automatic exclusion and evaluation for COVID-19. Other symptoms may include: chills, fatigue, muscle or body aches, headache, sore throat, congestion or runny nose, nausea/vomiting, or diarrhea. Many COVID-19 cases show no symptoms at all, and a person is able to spread the virus up to two (2) days before they have any symptoms. Given the overlap of these symptoms with other more common illnesses and the lack of symptoms in many cases, it is not possible to identify and exclude all cases of COVID-19 through [screening of symptoms](#). Careful [preventive actions and planning](#) within the child care are needed to reduce the chances of spread.

If a child or staff member becomes ill during the day:

- Child care providers should plan to have a room to isolate children or staff with symptoms of COVID-19 identified during the day.
- Children and staff should be moved safely, respectfully, as well as in accordance with any applicable privacy laws or regulations to the isolation room for evaluation. The individual should be provided a mask if they are able to use one ([see who should not](#)), and children should be supervised by a staff member who maintains at least six (6) feet of distance.

Return to Child Care Facility:

- Advise sick staff members and children not to return until they have met criteria for return.
- Children or staff excluded for these symptoms can return if:
  - They either [test negative for COVID-19](#) using an antigen test or PCR test (mouth or nose swab or saliva test) or similar test that directly detects the virus
  - or -
  - A medical evaluation determines that their symptoms were more likely due to another cause (e.g. asthma exacerbation, strep throat, etc.). In this latter case, the individual can return when they meet criteria for that condition. A doctor's note should be provided that asserts the individual is clear to return based on a more likely diagnosis that requires no further exclusion or states the return criteria based on some other exclusion.
  - or -
  - Children or staff with the above excludable symptoms who do not have a negative antigen, PCR or similar test or do not have a more likely cause for their symptoms, must complete the current isolation criteria for COVID-19 to return.
- Current isolation criteria for COVID-19 (for those who test positive for the COVID-19 virus or have excludable symptoms but no testing or more likely cause):

- Children and staff who test positive for COVID-19 (PCR or antigen test) and persons with symptoms of COVID-19 (see list above) who do not get tested, should isolate until:
  - Ten (10) days\* have passed since symptoms started - and –
  - Twenty-four (24) hours have passed since last fever without taking medicine to reduce fever - and -
  - Overall improvement in symptoms.
- Those who test positive by an antigen, PCR (mouth or throat swab) or similar viral test but do not have symptoms will be required to stay out of child care until ten (10) days\* after the specimen was collected.
  - \*Note: some people may be required to extend the isolation period to twenty (20) days. Their doctor will need to determine if this is necessary.
- The criteria above should be used to determine eligibility to return. Negative PCR or antigen test results are not required nor recommended after meeting these criteria.
- Recommendations around antigen testing are changing as more is learned about these tests. For children or staff with symptoms consistent with COVID-19 who have been excluded from the child care, facilities should plan to continue excluding those children or staff who test positive and end COVID-19 exclusion for those who test negative. There are cases where confirmatory PCR may be recommended, and guidance has been provided to healthcare providers (<https://scdhec.gov/covid19/guidance-antigen-testing>). Facilities may request a return to child care note from the provider if indicated based on the testing results (i.e. positive antigen determined to be a false positive after confirmatory testing).

## Testing

A child or staff member who develops symptoms of COVID-19 but does not get tested could limit DHEC's ability to appropriately respond to new cases and ensure the health and safety of other children and staff.

- Location of testing sites is available on the DHEC website: <https://scdhec.gov/infectious-diseases/viruses/coronavirus-disease-2019-covid-19/covid-19-screening-testing-sites>

*At-home self-testing: DHEC recommends caution when accepting results from at-home/over-the-counter self-test due to the possibility of improper specimen collection by the individual and misinterpretation of the result by non-medical personnel.*

*As these tests have been approved for emergency use authorization by the FDA, a result should be reported to DHEC if performed under the supervision of a healthcare provider (HCP) either in-person or virtual.*

*Below are recommendations on how to handle results from at-home self-tests by non-medical personnel. It is at the discretion of the school/childcare center as to whether they will allow for self-reporting or proctoring of test administration for at-home self-tests.*

## **No close contact with COVID-19**

- *If an individual reports that they tested positive on an at-home self-test and they are symptomatic, it is recommended that they isolate and contact their HCP. This individual should not attend school/childcare center for the recommended isolation period.*
- *If an individual reports that they tested negative on an at-home self-test and they are symptomatic, it is recommended that they contact their HCP and consider PCR testing*

within 2 days of the original test. This individual should not attend school/childcare center until they have met the criteria to return based on the DHEC exclusion list.

- If an individual reports that they tested positive on an at-home self-test and they are asymptomatic, it is recommended that the individual contact their HCP and have a follow-up test (PCR or antigen) performed by a healthcare facility/lab/participating school/childcare center. If there are 2 discordant antigen test results, a PCR test is recommended within (2) days of the original test.
- If an individual reports that they tested negative on an at-home self-test, the person can attend school/childcare center only if they are asymptomatic and have no known close contacts to COVID-19.

**Close contact with COVID-19**

- If an individual reports that they tested positive on an at-home self-test and they are symptomatic, it is recommended that they isolate and contact their HCP. This individual should not attend school/childcare center for the recommended isolation period.
- If an individual reports that they tested negative on an at-home self-test and they are symptomatic, it is recommended that they contact their HCP and consider PCR testing within 2 days of the original test. This individual should quarantine for the recommended period of time based on current quarantine guidelines.
- If an individual reports that they tested positive on an at-home self-test and they are an asymptomatic, it is recommended that they isolate and contact their HCP. This individual should not attend school/childcare center for the recommended isolation period. The individual may seek confirmatory testing via PCR and if negative, they must still quarantine for the recommended period of time based on current quarantine guidelines.
- If an individual reports that they tested negative on an at-home self-test and they are asymptomatic, they should have a follow-up test (PCR or antigen) performed by a healthcare facility/lab/participating school/childcare center. This individual should continue to quarantine for the recommended period of time based on current quarantine guidelines.

	<i>At-home test Positive</i>	<i>At-home test Negative</i>
<i>Symptomatic w/o Close Contact</i>	<i>Isolate Contact HCP</i>	<i>Excluded per school/childcare exclusion criteria Contact HCP/PCR test</i>
<i>Symptomatic w/Close Contact</i>	<i>Isolate Contact HCP</i>	<i>Contact HCP/PCR test Quarantine per guidance</i>
<i>Asymptomatic w/o Close Contact</i>	<i>Isolate Follow-up test Contact HCP</i>	<i>May return to school/childcare</i>
<i>Asymptomatic w/Close Contact</i>	<i>Isolate Contact HCP</i>	<i>Quarantine per guidance Follow-up test required for option to shorten quarantine</i>

**Cases in classroom**

Contagious period: If a child or staff member tests positive, they could have been contagious with the virus up to 48 hours before their symptoms began. If they tested positive but had no

symptoms, their contagious period begins 2 days prior to the date the specimen for their test was collected.

Person not in the facility when contagious: If a child or staff member is determined to be a case of COVID-19, they must be excluded until they meet criteria for return. Anyone who lives in the same household with the person with COVID-19 will also need to be excluded. No further steps need to be taken if it is determined they were not in the facility during their contagious period.

Person contagious while in the facility: Facility should not reopen the facility until the following measures are in place to prevent further spread in the event a person is determined to have been contagious with COVID-19 while in the facility (see "Actions to Take" below).

- Anyone who spent a cumulative fifteen (15) minutes or more within six (6) feet of the case during a 24 hour period during their contagious period is considered a [close contact](#) and must complete an appropriate quarantine period after their last contact with the case. For staff who are identified as close contacts and considered to be a critical infrastructure worker, refer to the precautions outlined below in the section "Staff working while in quarantine."
- Cohorted classes: If proper cohorting measures were followed in the facility (see "Preventive Planning" above), only children and staff in the classroom cohort with the case and any other identified close contacts will be required to complete the required quarantine period.
- Non-cohorted classes: Facility will need to assess everyone who may have been a close contact to the person with COVID-19 and exclude them from the facility.
- The classroom will need to be closed for [cleaning and disinfection](#) before it can be used again.
- The facility should inform parents of other children in the facility who were not classroom or other close contacts to the person with COVID-19 that they should monitor their children for symptoms. The facility should also monitor incoming children and staff each morning for symptoms until fourteen (14) days after the case was last in the facility.
- Flyers are available from DHEC to assist in making these notifications and explaining expectations.

## **Quarantine**

Some children or staff may have been told they were a close contact to a case of COVID-19 outside of the child care facility and have to complete a quarantine period. This means they will be required to stay home so they do not risk exposing others to COVID-19 if they become sick. For children, a parents' note that they have been cleared from quarantine may be used to allow return to child care. For staff who are identified as close contacts and considered to be a critical infrastructure worker, refer to the precautions outlined below in the section "Staff working while in quarantine."

[CDC](#) provides guidance on quarantine recommendations. The standard quarantine period remains fourteen (14) days, but options for shortening that time period are discussed below (see "Quarantine Period").

- Household contact: If the child or staff member lives in the same household as a known case, their quarantine period begins on the date their household member has been cleared from their isolation period. If they are not a caretaker of the household member who is sick

and can separate themselves into their own space in the home, their quarantine period begins the day that they had their last close contact with the ill person.

- **Other close contact:** If a child or staff member has been told they are a close contact to a known case of COVID-19, their quarantine period begins the day they had their last close contact with the case. If they have an additional close contact during their quarantine period (such as another household member gets sick), they must begin another quarantine period.
- **Quarantine period:** The standard quarantine period after close contact with someone contagious with COVID-19 is fourteen (14) days. CDC has provided two (2) options for shortening that time period that facilities may choose to apply as long as all conditions listed below are met.
  1. Quarantine can end after **Day 10** without testing and if no [symptoms](#) were reported during daily symptom monitoring.
  2. Quarantine can end after **Day 7** if a viral test is negative **AND** if no [symptoms](#) were reported during daily symptom monitoring.
    - a. The viral test must be collected no sooner than Day 5 to be used to shorten quarantine, but quarantine cannot be discontinued earlier than completion of Day 7.
    - b. Viral tests include those collected by a swab of the nose or throat (PCR or antigen tests). Blood tests for antibodies may not be used to shorten quarantine.

These conditions must also be met to end quarantine early (Note: Any child or staff member who develops symptoms must be immediately excluded and should be tested or complete the ten (10) day isolation period.):

1. No [symptoms](#) of COVID-19 occurred during the an individual's quarantine;  
**AND**
2. These individuals should receive daily monitoring for symptoms until Day 14 after last exposure to the COVID-19 case;  
**AND**
3. They must continue to closely follow the [preventive actions](#) the facility has in place to prevent spread of the virus (correct and consistent use of face coverings when feasible, social distancing, hand hygiene, etc.) through quarantine Day 14.

Those returning before completion of the 14-day period should have daily monitoring for symptoms until 14 days have passed since their last contact. Because these individuals are higher risk for becoming contagious with COVID-19 based on having a known exposure to case, the following criteria should be used to exclude and recommend testing.

- a. Any of the following symptoms:
    - Shortness of breath or difficulty breathing
    - Cough
    - Loss of taste or smell
    - Fever of at least 100.4
- Or any two or more of the following symptoms:
- Headache
  - Fatigue
  - Sore Throat

- Congestion or runny nose
  - Muscle pain
  - Nausea/Vomiting
  - Diarrhea
- b. This expanded exclusion criteria is only applicable during what would normally be their 14 day quarantine period. After completion of that, children and staff should be evaluated based on the regular exclusion criteria.

Those with COVID-19 who recovered and remain asymptomatic: If a child or staff member is a lab confirmed case of COVID-19 by antigen or PCR (nose or throat swab or saliva test), they typically do not need to quarantine again after close contact to someone with COVID-19 in the first three (3) months after recovering but will for any close contact that happens after that three (3) month period.

Those with COVID-19 who recovered and become symptomatic: If a child or staff member is a lab confirmed case of COVID-19 by antigen or PCR (nose or throat swab or saliva test) within the past three (3) months and they develop new symptoms of COVID-19 (i.e. new or worsening cough, shortness of breath or difficulty breathing, or loss of taste or smell) at any time, then they should be isolated under recommended precautions before and during evaluation.

- If an alternative etiology cannot be readily identified by a healthcare provider, then retesting for COVID-19 is likely warranted.
- If reinfection with COVID-19 is confirmed or remains suspected, they should remain under the recommended COVID-19 isolation period until they meet the criteria for discontinuation of precautions—for most, this would be 10 days after symptom onset and after resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms.

Quarantine after COVID-19 Vaccination: If a fully vaccinated person has close contact to a confirmed COVID-19 case they will not be required to quarantine if they meet all of the following criteria:

- Are fully vaccinated (i.e.,  $\geq 2$  weeks following receipt of the second dose in a 2-dose series, or  $\geq 2$  weeks following receipt of one dose of a single-dose vaccine)
- Have remained asymptomatic since the current COVID-19 exposure

Persons who do not meet the above criteria should continue to follow current quarantine guidance after exposure to someone with suspected or confirmed COVID-19. At this time, vaccinated persons should continue to follow current guidance to protect themselves and others, including wearing a mask, staying at least 6 feet away from others, avoiding crowds, avoiding poorly ventilated spaces, covering coughs and sneezes, and washing hands often.

Staff working while in quarantine: To limit the chances of COVID-19 spread in the facility, staff should plan to quarantine at home and not return to work after close contact to someone contagious with COVID-19. However, child care staff could be considered critical infrastructure workers and thus may be permitted to work if they follow the precautions outlined in the links

below. It is recommended that facilities notify parents and guardians that this approach is being used to allow staff to return to work.

- These employees must wear a mask at all times while in the facility, monitor for symptoms daily and throughout the day, practice social distancing to the extent possible, practice good hand hygiene, and clean frequently touched surfaces often. Review the links below for specific guidance. These employees should avoid working with children and staff with medical conditions that may put them at risk for severe illness. Those unable to follow the outlined precautions should not plan to return to work until completing their quarantine period.
- These employees should continue to quarantine at home when they are not at work and avoid public settings.
- If these employees have any of the symptoms listed above, they must not go to work or must separate themselves from others and leave immediately. They should not plan to return until they meet "Return to Child Care Facility" criteria above.
- Links to guidance for critical infrastructure workers:
  - [https://content.govdelivery.com/attachments/USDHS/2020/04/09/file\\_attachments/1423331/DC\\_CISA\\_Interim\\_Guidance\\_Critical\\_Workers\\_Safety\\_Practices\\_COVID19.pdf](https://content.govdelivery.com/attachments/USDHS/2020/04/09/file_attachments/1423331/DC_CISA_Interim_Guidance_Critical_Workers_Safety_Practices_COVID19.pdf)
  - [https://content.govdelivery.com/attachments/USDHS/2020/04/09/file\\_attachments/1423330/DC\\_CISA\\_Flyer\\_Essential\\_Critical\\_Workers\\_Dos\\_and\\_Donts\\_COVID19.pdf](https://content.govdelivery.com/attachments/USDHS/2020/04/09/file_attachments/1423330/DC_CISA_Flyer_Essential_Critical_Workers_Dos_and_Donts_COVID19.pdf)

Note: No actions are necessary within the facility to respond to a child or staff member who has been told to quarantine unless that individual is later determined to be a case and was contagious while they were in the facility. They may return when they meet criteria to end quarantine as described above.

## Reporting

General guidance can be obtained through the DHEC Care Line **1-855-4-SCDHEC (1-855-472-3432)**. However, multiple cases in a facility should be reported to the appropriate regional health department. Please see the contact information below for the regional health departments.

### Lowcountry

Allendale, Bamberg, Beaufort, Berkeley, Calhoun, Charleston, Colleton, Dorchester, Hampton, Jasper, Orangeburg

4050 Bridge View Drive, Suite 600  
N. Charleston, SC 29405

Office: (843) 441-1091  
Fax: (843) 953-0051  
Nights/Weekends: (843) 441-1091

### Midlands

Aiken, Barnwell, Chester, Edgefield, Fairfield, Lancaster, Lexington, Kershaw, Newberry, Richland, Saluda, York

2000 Hampton Street  
Columbia, SC 29204

Office: (888) 801-1046  
Fax: (803) 576-2993  
Nights/Weekends: (888) 801-1046

### Pee Dee

Clarendon, Chesterfield, Darlington, Dillon, Florence, Georgetown, Horry, Lee, Marion, Marlboro, Sumter, Williamsburg

1931 Industrial Park Road  
Conway, SC 29526

Office: (843) 915-8886  
Fax: (843) 915-6502  
Fax2: (843) 915-6506  
Nights/Weekends: (843) 915-8845

### Upstate

Abbeville, Anderson, Cherokee, Greenville, Greenwood, Laurens, McCormick, Oconee, Pickens, Spartanburg, Union

200 University Ridge  
Greenville, SC 29602

Office: (864) 372-3133  
Fax: (864) 282-4373  
Nights/Weekends: (864) 423-6648

## Summary of actions to take in response to a case

Carefully review the guidance above.

1. If notified of a case in a child or staff member, they must be excluded throughout their isolation period. Any household members (siblings, etc.) must also be excluded during their quarantine period.

2. Was the case(s) contagious while in the facility [two (2) days before onset of symptoms or two (2) days before the test specimen was collected (if no symptoms)]?
  - No → No further action after excluding them and household members
  - Yes (specific recommendations below) → should not reopen facility until these measures are in place:
    - Identify all close contacts.
    - Plan to close down all areas the person was in while contagious until cleaning is done.
    - Begin monitoring of anyone who continues to attend.
3. Identify close contacts:
  - This will include any individuals with whom they spent a cumulative fifteen (15) minutes or more within six (6) feet during a 24 hour period.
  - Any staff members who did not observe proper social distancing with the case will be considered close contacts (regardless of whether a mask was worn or not).
  - Anyone in the same classroom including staff and other children will also be considered close contacts.
    - Possible exception: If it involves a group of older children who were able to observe proper social distancing at all times while in the facility, it is possible that they can be monitored (see below) instead of excluded (must be comfortable that social distancing was always observed).
  - All close contacts must be excluded from the facility until they complete quarantine requirements after last contact with case (usually last day they attended). If a close contact becomes ill and is diagnosed with COVID-19, they must remain excluded for their isolation period and until told they are no longer considered contagious.
  - If proper cohorting was practiced so that the case would have only had contact with those in the same classroom, the other staff and children in the facility may be monitored (see below) rather than excluded.
  - If there was no cohorting of classes, must assess everyone in the facility that the case may have come into contact and exclude them until they complete their quarantine period.
4. Monitoring of those not considered close contacts:
  - Notify parents that they must monitor their children for symptoms and must not allow their children to attend if they become ill (notification flyer available from DHEC).
  - Check all children and staff for symptoms at the beginning of each day and observe for symptoms throughout the day. If symptoms are detected, separate the individual from other staff and attendees and arrange for them to be sent home.
  - This should continue until fourteen (14) days after the last day the case was in the facility.
5. Cleaning the facility anywhere the person may have been while contagious:
  - CDC cleaning guidelines - <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>
6. Reopening:
  - May plan to reopen when all the actions above are completed and precautions are in place.
7. Clusters:

- If they report three (3) or more cases within 48 hours, you may contact your regional DHEC office at the information above to report as a cluster.